

# Carer Support News Bulletin – January 2017

## Moving and Handling Training on offer for Wolverhampton carers

If you're looking after someone with an illness or a disability, you may need to help them move around. This can be awkward, uncomfortable, or even dangerous for both you and the person you care for. Learn how to move someone safely. It's essential that you know about safe moving and handling so you don't hurt yourself or the person you care for.

In this FREE moving & handling training you will learn how to prevent injury, moving your loved one with more confidence, comfort, and ease. In collaboration with Birmingham Carers Hub and Midland Mencap we can offer places for Wolverhampton carers on one of training dates below. Places are limited.

**Dates available:** 22 Feb, 26 Apr, 21 Jun, 19 Jul 2017 (Wednesdays) from 10am to 1.30pm. Refreshments, registration and welcome from 10am, main session starts at 10.30am. No admittance after 10.30am.

**Venue:** Birmingham City University (City South Campus a.k.a. Edgbaston Campus)  
Faculty of Health, Education & Life Sciences  
Seacole Building, Westbourne Road  
Edgbaston, B15 3TN

**To book:** call the 'Family Carer Information Service' at Midland Mencap on 0121 442 2944 or email [training@birminghamcarershubs.org.uk](mailto:training@birminghamcarershubs.org.uk) with your contact details. This project is funded by Birmingham City Council and managed by Midland Mencap.

## Care Quality Commission (CQC) Consultation

CQC want your views on a number of proposals for implementing their five-year strategy. This follows the Strategy document for 2016 to 2021 which sets out a vision for a more targeted, responsive and collaborative approach to regulation, so that more people get high-quality care. More information is available at:

For information about a range of services, support and activities available in Wolverhampton, visit Wolverhampton Information Network [www.wolverhampton.gov.uk/WIN](http://www.wolverhampton.gov.uk/WIN)

This information bulletin is for carers, professionals working with carers and organisations supporting carers. The Carer Support Team supports family carers in Wolverhampton.

To find out more about what we can offer contact us:

Call: 01902 553409.

Visit our website:

[www.wolverhampton.gov.uk/carers](http://www.wolverhampton.gov.uk/carers)

Email the team at:

[carer.support@wolverhampton.gov.uk](mailto:carer.support@wolverhampton.gov.uk)

Drop in to the Carers Centre,  
Blossoms Fold, Off North Street,  
Wolverhampton, WV1 4HJ.

Office Opening times:

Monday to Friday, 9.00am till 4.30pm  
(closed from 12.30pm to 13.30pm)

<https://improvement.nhs.uk/resources/consultation-use-resources-and-well-led-assessments>.

A further consultation, which will focus on how we will regulate adult social care and primary medical services and further detail of changes we want to make to how we register providers, will take place in Spring 2017.

If you would like to share your views, please read and respond to the consultation at [www.cqc.org.uk/nextphase](http://www.cqc.org.uk/nextphase). The consultation closes on Tuesday 14 February 2017.

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## Blue Badge Information Surgeries

Wolverhampton Library Service and Community Support are offering Blue Badge Information surgeries. A Community Support Worker will ensure that the form has been completed

correctly and answer any questions about the process that you might have. Booking your appointment is **essential**.

The sessions on offer are as follows.

**Wednesfield Library**, 2 Well Lane, Wednesfield, Wolverhampton, WV11 1XT on 01902 556278.

- Wednesday 11 January
- Wednesday 1 February
- Wednesday 22 February
- Wednesday 15 March

**Warstones Library**, Pinfold Grove, Penn, Wolverhampton, WV4 4PT on 01902 556275.

- Wednesday 18 January
- Wednesday 8 February
- Wednesday 1 March
- Wednesday 22 March

**Bilston Library**, Mount Pleasant, Bilston, Wolverhampton, WV14 7LU on 01902 556253.

- Wednesday 25 January
- Wednesday 15 February
- Wednesday 8 March
- Wednesday 29 March

Please call the **appropriate library** to book your appointment:

## Integrated Urgent Care West Midlands Service regional team

As you may be aware, we have recently developed a new West Midlands-wide Integrated Urgent Care Service. The new service combines NHS 111 and GP out of hours (OOH) services across the sixteen West Midlands CCGs. Patients now have quicker access to the healthcare advice or service they need by dialling

111. As part of the service, we have developed a Clinical Hub including, among others, GPs, pharmacists, mental health practitioners and dental nurses.

The Clinical Hub enables patients to speak to a healthcare professional directly over the phone, removing steps from the process and providing a better, more all-round service.

Now that the service has launched we'd like to invite members of the public to some Patient Days at the call centre to see the Integrated Urgent Care Service first hand and learn about how the Clinical Hub works and plays its part. This will be on **Thursday, 12 January 2017**

The visit will be held at the Integrated Urgent Care Service call centre at Navigation Point, Unit 6, Waterfront Business Park, Waterfront Way, Brierley Hill, DY5 1LX.

If you would like to attend then email your name and telephone number to [robbiepalmer@nhs.net](mailto:robbiepalmer@nhs.net).

## Dates for your diaries – 2017

Details to be confirmed so watch this space!

### Telecare Workshop

- Tuesday 28 February 2017  
10:30am-12.30pm – Merridale St. Fire Station
- Thursday 2 March 2017  
12.30pm-2.30pm – Fallings Park Fire Station
- Tuesday 14 March 2017  
12.30pm-2.30pm – Merridale St. Fire Station
- Thursday 16 March 2017  
10.30am-12.30pm – Fallings Park Fire Station

### Healthy Mind Healthy Body Event

Thursday 23 March - Bob Jones Hub

### Carers Week Event

Friday 16 June - Bantock House

Call Melinder on 01902 553429 to register your interest. Further details will be available shortly.

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